



THE CROSS & ANCHOR

THE CONGREGATIONAL CHURCH OF BOOTHBAY HARBOR NEWSLETTER

OCTOBER 2017

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Rev. Dr. Sarah M. Foulger

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Eugenie O'Connell

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Dear Friends,

Thank you to all who responded to Red Cross fundraiser and to all who helped create Church World Service buckets and to all who wrote a note of encouragement to those who have lost homes and businesses in recent hurricanes. As I pray for all of the people affected by Harvey and Irma, I cannot help but think of all God's creatures: pets who were left behind in homes that were flooded or otherwise damaged, birds whose nests were scattered, marine mammals driven up on to sidewalks by surging tides, creatures large and small which are unaccustomed to swimming. God bless them all.

The annual "Blessing of the Animals" will take place on Sunday, October 1st in the Remembrance Garden (or, in the event of inclement weather, in the sanctuary). The date of the blessing is always on or near the Feast of St. Francis because Francis felt akin to all creatures.

Here is a portion of a prayer for the animals attributed to Albert Schweitzer:

Hear our humble prayer, O God, for our friends, the animals, especially for those who are suffering. We entreat for them all thy mercy and pity, and for those who deal with them, we ask a heart of compassion and gentle



St. Francis

hands and kindly words. Make us, ourselves, to be true friends to animals and so to share the blessings of the Merciful.

In the face of every need, may God continue to bless us all with compassion, gentle hands, kindly words, and generosity of both spirit and substance.

Grace and peace,

Sarah

TRUSTEES REPORT

The Trustees held a joint meeting with the Deacons to review Church finances and to discuss initiatives coming out of the May retreat.

We will begin the budgeting process in our October meeting and ask that you think about any changes your committee may have next year.

Over the summer we extended the lightening protection system to cover the renovated portions of the Church and now the building is fully protected again.

With much gratitude to Eric Marden, we were able to get some painting and repair work done to the steeple while in possession of the high lift.

Eric was also kind enough to help us replace the threshold leading into the sanctuary. Thank you, sir!

We now are turning our attention to repair of the steps on the side street entrance and will be replacing the shrub that didn't make it in the garden.

Our annual budget remains in good shape with pledges coming in better than expected and expenses coming in under plan. We're about \$16k to the good.

As we head into Stewardship Season, please consider the following facts from the May 2017 Parish Paper – Financing the Local Church: What Does It Cost?

- The annual budget for Protestant congregations averages between \$200,000 and \$250,000. Our 2017 budget is \$338,377.
- Operating expenses and staff account for 80% of the typical church budget. Our number is 81.7%.
- Because churches define the “mission” category portion of their budget differently, the typical percentage ranges from 15-30%. We're about 18.3%

It takes \$6500/week to run our church. Whether you pledge or give to loose plate, it's about \$50/person sitting in the congregation/week to make it happen.

DEACONS REPORT

JOIN OUR CHURCH BEFRIENDER LAY VISITOR MINISTRY!

The Befriender Lay Visitor Ministry: A Listening Presence, will be recruiting and training interested volunteers this winter. Our church sent Vicki Haugen and Shawn Lewin, to become program leaders, and under the guidance of our minister, Sarah Foulger, will train and oversee this volunteer visitor program. They do not replace our minister, but seek to support and increase the support available to church members. Befriender's offer the presence of support and active listening. Befrienders receive training on topics of listening, grief and loss, spirituality, confidentiality, and communication. Volunteers participate in regular small group gathering to improve and grow their visitor skills, as well as have fun and grow in their own faith.

Are you are interested in becoming a better listener in allowing others to express their feelings without judgement or criticism, but with compassion? Do you have some time in your busy schedule to visit a church member going through loss or stress?

Shawn and Vicki will be offering information sessions on Sunday, October 15th after church, and Wednesday, October 18th at 7pm at the church. For questions, please email Vicki Haugen at: vhaugen1@msn.com.

SUNDAY SCHOOL NEWS



Thank you to everyone who helped with the Rally Day BBQ!! Tom Dewey and Eric Marden we're fabulous grill masters!! The Sunday School had a great time and appreciated the warm welcome back for the year!!

Senior Sunday school has their first special guest Oct. 1st. Ben Dewey will be coming in to give the kids a photography lesson with their Senior Sunday School cameras.

YOUTH GROUP NEWS

SUNDAY, OCTOBER 1

Final Guatemala meeting! Parents and mission trip members please join us at 9:00 at the church to go over final trip details. Reverend Sarah will also be blessing all of the group members during the sermon, so please stick around for the church service!

OCTOBER 4-11

MISSION TRIP TO SAFE PASSAGE!

SUNDAY OCTOBER 8

ALL youth group members come spend the afternoon BOWLING AND PLAYING LASER TAG at Spare Time Bowling in Westbrook! We will leave the church at 11:00! You don't want to miss this super fun opportunity!

SUNDAY OCTOBER 22

During church, mission trip members will be speaking to the Sunday School about their trip to Guatemala! Stories will be told and pictures will be shared. We ask that all youth group members attend as it is our hope that this is the first of many mission trips!

ADULT CHRISTIAN EDUCATION

UPDATED SCHEDULE

Please join us in the Church Library for about an hour starting at 8:25 AM Sunday. Each class begins with a ½ hour video lecture followed by an always -stimulating ½ hour group discussion.

- 10/01** Lecture 26 Monumental Tombs in the Time of Jesus
- 10/08** Lecture 27 The Burials of Jesus and James
- 10/15** Lecture 28 The First Jewish Revolt: Jerusalem Destroyed
- 10/22** Lecture 29 Masada: Herod's Desert Palace and the Siege
- 10/29** Lecture 30 Flavors Josephus and the Mass Suicide

11/05 DOUBLE CLASS START AT 8 AM

Lecture 31 The Second Jewish Revolt Against the Romans

Lecture 32 Roman Jerusalem-- Hadrian's Aelia Capitolina

11/12 Lecture 33 Christian Emperors and Pilgrimage Sites

11/19 Lecture 34 Judaism and Synagogues Under Christian Rule

11/26 NO CLASS THE SUNDAY BEFORE THANKSGIVING

12/03 Lecture 35 Islam's Transformation of Jerusalem

12/10 BREAKFAST provided by us starting at 8 AM; video on at 8:25 AM

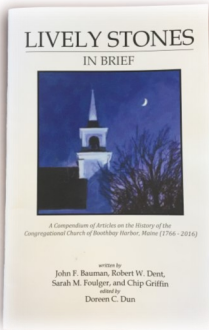
Lecture 36 What and How Archaeology Reveals

Each of the 36 classes is self-contained and does not require attending the previous class. A course guidebook is provided at a cost of \$15.

Participants are welcome to attend the 30-minute videotaped lecture at the beginning if their schedule has other conflicts.

Betty and Ted Repa, Co-facilitators

UPCOMING EVENTS & ANNOUNCEMENTS



LIVELY STONES IN BRIEF

**A Compendium of Articles on
the History of the
Congregational Church of
Boothbay Harbor, Maine
(1766-2016)**

In 2016, the authors of *Lively Stones* produced a series of brief articles containing the essence of each chapter, and those were published consecutively on a monthly basis in the *Boothbay Register*. There is now a booklet available that is a compendium of the twelve articles. It may be useful as a guide to the larger work, or it may be read as a stand-alone, abbreviated history of the Boothbay Presbyterian, now Congregational, UCC church and of the Boothbay region.

**Booklets are available for \$5.00
in the church office or after
Sunday Worship**



**Community
LUNCH**
At St. Columba's

Our church will once again participate in the church sponsored lunches at St. Columba's on Emery Lane, Boothbay Harbor beginning November 2nd.

8 soups, 5 breads and 5 finger food desserts will be needed the first Thursday of November through March to provide a full complement of food for each lunch.

Please sign up in Fellowship Hall if you can help. New participation is always welcomed.

Church members participating in last year's lunches include: Arlene Smith, Susan Duckworth, Joyce Duncan, Ron Ross, Fred Kraeuter, Joanne Moore, Alice Thompson, Barclay Shepard, Betty Dobson, Sue Burge, Sheila Gaspar, Barbara Bauman, Maria Doelp, De Amplo, Genie O'Connell, Debbi Watson, Kathy Bugbee, Donna Closson, Irena Prall, Alice Mutch, Jane Ribble, Laura Francis, Holly Stover, Annette Stormont, and Sandra Seifert.

26. **SUNDAYS • 5 PM**
CHURCH LIBRARY
ADULT BIBLE STUDIES
grow in your faith together



From Memory to Memoir

"From Memory to Memoir: Reimagining Our Stories"

**A six-week workshop in the church library on Wednesday mornings from
10:00 to 12:30, beginning October 11th**

For writers at any level, workshop participants will reconsider an experience or event from their past that continues to exert a negative influence. By revising a painful chapter of their life's story through creative writing activities, they recast their part in the narrative—discovering unrecognized strengths and reclaiming a sense of their true self—and work free of old beliefs that limit their personal evolution. Reimagining Our Stories is a safe space in which to explore deep personal thoughts and perspectives. Workshop leader Barb Burt is a member of the Transformative Language Arts Network. She weaves her background in writing, editing, educations, communications, leadership, and music into a tapestry of creative encouragement, attentive listening, and empathetic caring. There is no charge for the workshop. Enrollment is limited to six participants. To sign up, please contact Barb directly at barb@barbspn.com.

A Journey to the Sultanate of Oman

Join Rev. Ken and Marcia Bradsell for a ten-day trip to the beautiful country of Oman

Hosted by the Al Amana Centre in Muscat, Oman, an international ministry dedicated to fostering understanding, acceptance, trust and peace between Muslims and Christians.



**February 22-
March 2nd, 2018**

Leaving the U.S. February 21st and
returning to U.S. on March 3rd, 2018

Oman is a stunning contrast of desert, mountain and coastal landscapes; historic forts and ports; distinctive arts and crafts; and lavish sacred mosques interspersed with arresting contemporary architecture. A country known for its warm hospitality and safe environment, it strikes a balance between its traditional past and its bustling modern society. It is easy to see why Oman is described as “the jewel of Arabia.”

The city, Muscat, will be our home as we immerse ourselves in the beauty of the land and its people. We will begin our trip learning about Oman’s history and Muslim religion from Al Amana Centre staff and having an overnight retreat at Jebel Shams Mountain, the Grand Canyon of Oman. We will travel to the historic towns of Nizwa and *Misfat Al Abreen*, visit ancient Nizwa Fort, worship at the Protestant Church of Oman, tour Sultan Qaboos’ Grand Mosque, explore the Hindu Temples, engage in Scriptural Reasoning, shop at local souqs, visit Bait Al Zubair Oman’s heritage museum and Oman’s National Museum, dine on traditional Omani fare and take a sunset Dhow cruise around Muscat’s exquisite coastline. Along our way, we will meet the people of Oman and engage in meaningful dialogue to explore the cultural, religious and societal similarities and differences between us as people of faith and people of different cultures. Finally, we will discuss ways to continue these important conversations when we return home to our own communities.

Join us for this once-in-a-lifetime journey as we open our hearts and minds to this magnificent country, shed our false stereotypes and build deeper respect for Christian-Muslim relations.

\$2,150 per person

(Includes lodging, meals, local transportation, lectures, and excursions)

Airfare not included

For more information, contact Rev. Ken or Marcia Bradsell
(kbradsell1948@gmail.com; marciabradsell@yahoo.com; 207-315-6263; or 201-294-8989
(Ken’s mobile))

The number of participants is limited to 8

**To reserve a place, please call or email
Heather Lorrain at the
Congregational Church of Boothbay Harbor
207-633-4757**

no later than October 30th

UPCOMING EVENTS & ANNOUNCEMENTS



FALL FOOD MOBILE

The Food Mobile is a “pantry on wheels” that delivers high-quality, nutritious food to communities across Maine.

Tuesday, October 10th 12-1:30pm

Tuesday, November 14th 11am-12:30pm

Thursday, December 2nd 11:30am-1pm

**Church Parking Lot
(behind the church)**

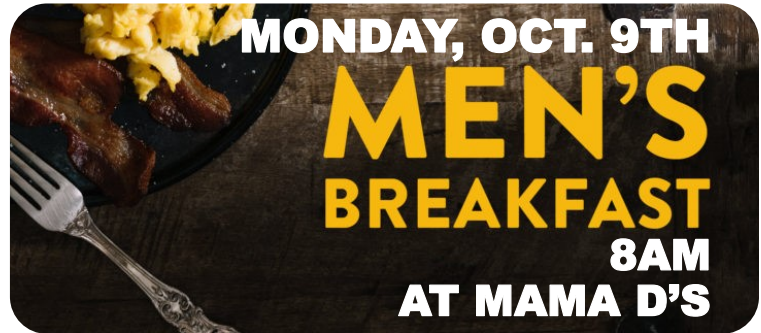


The October breakfast will be on Tuesday, October 3 at 8:00 a.m. at Brown's. There will be a sign-up sheet later this month. Please sign up if you plan to attend. If you find that you are unable to attend, remove your name from the list by Sunday, October 1 or call Arlene Smith 633-2383. If we have fewer than 20 people we will be ordering off the menu. If there are more than 20, they may setup a buffet at a cost of \$11.95 per person.

Grace Note

Have you ever had a moment or experience where you felt truly connected to God? This fall members and friends are invited to share their stories with the congregation during Sunday Worship. Your story does not need to be long, two to three minutes is best.

Please contact any member of the Long Range Planning Committee; Judy Shepherd, Maren Fischer, Amy Minzner, Tom Dewey, Kathleen Humphrey, Sally Smith, and Mary Neal.



BOOK & MEDITATION

**TUESDAYS
6:45 AM
CHURCH LIBRARY**



NEW HOPE for WOMEN

Public Discussion on Recognizing Unhealthy & Controlling Relationships

**October 28th • 10 AM
Fellowship Hall**

RECOGNIZE • RESPOND • REFER

October is Domestic Violence Awareness Month

Mary Hanley from New Hope for Women who will be discussing ways to RECOGNIZE unhealthy and controlling relationships, how to RESPOND compassionately and respectfully, and how to REFER a friend or family member who you suspect may be in a troubled relationship to the appropriate resources. New Hope for Women's mission is to offer support to people in Sagadahoc, Lincoln, Knox, and Waldo counties affected by domestic violence, dating violence, and stalking, and provides educational resources to assist our communities in creating a safer and healthier future.



**MEMORIALIZE YOUR LOVED
ONES IN THE
REMEMBRANCE GARDEN
\$500 per engraving**

Please contact the church office for more information

FLORENCE HARROLD



**There will be no Gregory
Wing Worship for the
month of October.**

						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:25a Adult Christian Education 10a Worship 5p Adult Bible Study w/ David Eastwood	2	3 6:45a Book & Meditation 8a Women's Breakfast	4	5 12p AA Meeting 7:30p Choir Rehearsal	6 12p Food Pantry	7
8 8:25a Adult Christian Education 10a Worship 5p Adult Bible Study w/ David Eastwood	9 COLUMBUS DAY NO SCHOOL OFFICE CLOSED-HOLIDAY 8a Men's Breakfast 4:30p Food Pantry	10 6:45a Book & Meditation 12p Food Mobile 12p Food Pantry Meeting 5p Trustees Meeting 5:30p Committee Night	11 10a From Memory to Memoir: Reimagining Our Stories Workshop	12 12p AA Meeting 7:30p Choir Rehearsal	13 12p Food Pantry	14
15 8:25a Adult Christian Education 10a Worship Befrienders Information Session following Worship 5p Adult Bible Study w/ David Eastwood	16	17 6:45a Book & Meditation	18 10a From Memory to Memoir: Reimagining Our Stories Workshop 7p Befrienders Information Session	19 12p AA Meeting 7:30p Choir Rehearsal	20 12p Food Pantry	21
22 8:25a Adult Christian Education 10a Worship 5p Adult Bible Study w/ David Eastwood	23	24 6:45a Book & Meditation	25 10a From Memory to Memoir: Reimagining Our Stories Workshop	26 12p AA Meeting 7:30p Choir Rehearsal	27 12p Food Pantry	28 10a Public Discussion on Recognizing Unhealthy and Controlling Relationships with Mary Hanley from New Hope for Women
29 8:25a Adult Christian Education 10a Worship 5p Adult Bible Study w/ David Eastwood	30	31 HALLOWEEN 6:45a Book & Meditation				



October Birthdays

Jennifer Orchard	10/02	Cameron Crocker	10/13
Glory Blethen	10/04	Jackie Mundy	10/14
Vicki Haugen	10/07	Doreen Dun	10/16
Alice Thompson	10/07	Eileen Sypher	10/17
John Welsh	10/07	Jane Hurd	10/23
De Amplo	10/08	Julia Peters	10/26
Ted Repa	10/08	Thomas Blake	10/27
Susan Reynolds	10/08	Faith Meyer	10/29
Susan Goodrich	10/10	Evy Case	10/30
Dale Lancaster	10/10	Donald Duncan	10/31



**The Congregational Church of
Boothbay Harbor**
P.O. Box 468
Boothbay Harbor, Maine 04538

Are You Interested in Joining the Church?

For more information, speak to Sarah
Foulger or email her:
sarahfoulger@gmail.com.



Email Heather at
congochurchbbh@outlook.com
to request an e-newsletter

WORSHIP SCHEDULE **SUNDAYS 10 AM**

- | | |
|-------------------|--|
| October 1 | World Communion Sunday
“The Kingdom of God: Who’s In; Who Should Be Worried”
Exodus 17:1-7; Matthew 21:23-32
2:00 PM. The Blessing of the Animals (Feast of St. Francis) |
| October 8 | Laity Sunday: Tom Dewey preaching! |
| October 15 | “Good News: Everyone is Invited!”
Matthew 22:1-10 |
| October 22 | “Jesus Flips the Coin”
Exodus 33:12-23; Matthew 22:15-22 |
| October 29 | All Saints’ Celebration/Reformation Sunday
“The Courage of Martin Luther”
Matthew 22:34-46 |